



Diabetes Education

Services Offered

- Group Classes
- Individual Appointments
- Diabetes Support Group
- Pre-Pregnancy Counseling
- Counseling for Pre-Gestational and Gestational Diabetes (Diabetes and Pregnancy)
- Instruction of self-care skills such as blood glucose monitoring, insulin administration and foot care
- Referrals to other providers, services and resources as needed

**You can control
your blood sugar
and learn to stay
healthy with
diabetes**

Diabetes Educators
To schedule an appointment call:

602-263-1200

Extension

Shirley D-Effland RN	x 1398
Suzanne Lipke RN, CDE	x 1396
Bridget Dickinson RN,CDE	x 2002
Alberta McCabe RN	x 2003
Registered Dietician	x 1882

On-Call Pager
602-271-6831
8AM-3PM

Mission

The mission of the Diabetes Center of Excellence Educational Program is to provide quality diabetes education for self-care management that is uniquely suited to American Indians and Alaska Natives

Goal

Provide quality Diabetes Education and services to patients and their families to help them stay healthy and to prevent or delay the complications of diabetes

- Have you just found out you have diabetes?
- Have you had diabetes for awhile but have not talked to a diabetes educator?
- Do you need a little help to control your blood sugar?

Phoenix Indian Medical Center

4212 N. 16th Street
Phoenix, AZ

2002



DEPTH **Diabetes Education** **Path To Health**

**Diabetes Center of
Excellence**

Phoenix Indian Medical Center



Achieved
IHS Diabetes Education Program Recognition
12/02